

# Monks Coppenhall Menu 2026

## Week

1

13/4

4/5

1/6

22/6

13/7

1/9

21/9

Fresh salad &  
fruit  
available  
daily



## Monday

### Option 1

#### Homemade Pizza

Margarita pizza served with sunshine Savory rice

### Option 2

#### Pasta Bar

Served with homemade cheese or tomato sauce with a choice of toppings

### Option 3

#### Tuna sandwich or baguette

Served with rainbow salad

### Homemade

Chocolate Crunch

## Tuesday

### Option 1

#### Homemade Chicken Korma

Served with rice

### Option 2

#### Vegetarian meatballs

In a homemade tomato sauce served with spaghetti

### Option 3

#### KS1 Ham sandwich or baguette & salad KS2 Sub bar

Cheese, Ham, Tuna or Egg  
Coleslaw on a baguette or wrap served with salad or pasta salad

Sponge Cake

## Wednesday

### Option 1

#### All day breakfast

Butcher's sausage or Quorn sausage, hash brown, baked beans, scrambled egg and crusty bread.

### Option 2

#### Jacket Potato

with cheese and beans and rainbow salad  
Served with rainbow salad

### Option 3

#### Cheese sandwich or baguette

Served with rainbow salad

Yogurt or Fruit

## Thursday

### Option 1

#### Roast Pork

Served with mash, roast potatoes, carrots and seasonal vegetables and gravy

### Option 2

#### Homemade Tomato pasta

Pasta spirals, with homemade tomato sauce and veg

### Option 3

#### Roast Pork sandwich or baguette

Served with rainbow salad

Homemade Cookie selection

## Friday

### Option 1

#### Chicken Goujon

Served with potato crunchies and beans

### Option 2

#### Jacket Potato

with cheese and beans and rainbow salad

### Option 3

#### KS1 Cheese sandwich & salad KS2 Sub bar

Cheese, Ham, Tuna or Egg on a baguette or wrap served with salad or pasta salad

Kracholette

# Monks Coppenhall Menu 2026

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Week**

**1**

13/4

4/5

1/6

22/6

14/7

1/9

21/9

**Option 1**  
Pizza



**Option 1**  
Chicken Korma



**Option 1**  
Breakfast



**Option 1**  
Roast Pork



**Option 1**  
Chicken Goujons



**Option 2**  
Pasta Bar



**Option 2**  
Veggie Meatballs



**Option 2**  
Jacket Potato



**Option 2**  
Tomato Pasta



**Option 2**  
Jacket Potato



**Option 3**  
KS1 Tuna sandwich  
KS2 Tuna Baguette



**Option 3**  
KS1 Ham Sandwich  
KS2 Sub bar



**Option 3**  
KS1 Cheese sandwich KS2  
Cheese baguette



**Option 3**  
KS1 Pork sandwich  
KS2 Pork baguette



**Option 3**  
KS1 Cheese sandwich KS2  
Sub bar



**Chocolate Crunch**



**Sponge Cake**



**Yogurt or Fruit**



**Cookie**



**Kracholette**



**Fresh salad & fruit available daily**



# Monks Coppenhall Menu 2026

## Week

2

20/4

11/5

8/6

29/6

7/9

28/9

Fresh salad & fruit available daily



## Monday

### Option 1

#### Pasta Bar

Served with homemade cheese or tomato sauce with a choice of toppings

### Option 2

#### Vegetarian Sausage Roll

Served with mashed potatoes and beans

### Option 3

#### Tuna sandwich or baguette

Served with rainbow salad.

Homemade Chocolate Crunch

## Tuesday

### Option 1

#### Homemade Spaghetti Bolognaise

Served with homemade garlic bread

### Option 2

#### Cheese Panini

Served salad and beans

### Option 3

#### KS1 Ham sandwich & salad

**KS2 Sub bar**  
Cheese, Ham, Tuna or Egg on a baguette or wrap served with salad or pasta salad

Sponge Cake

## Wednesday

### Option 1

#### Breakfast

Butcher's Sausage, hash brown, scrambled egg, beans & crusty bread. Vegetarian sausage available

### Option 2

#### Jacket Potato

Choose baked beans, cheese or both, served with rainbow salad

### Option 3

**KS1 Cheese sandwich or baguette & rainbow salad**  
**KS2 Sausage sandwich or baguette & rainbow salad**

Yoghurt or Fruit

## Thursday

### Option 1

#### Roast Turkey

Served with mashed potatoes, roasted potatoes, carrots, seasonal veg and gravy

### Option 2

#### Homemade Tomato pasta

Served with rainbow salad or vegetables

### Option 3

#### Turkey sandwich or baguette

Served with rainbow salad.

Homemade Cookie selection

## Friday

### Option 1

#### Fish and Chips

Served with peas or beans

### Option 2

#### Homemade vegetarian lasagne

Served with rainbow salad

### Option 3

#### KS1 Cheese sandwich & salad

#### KS2 Sub bar

Cheese, Ham, Tuna, Coleslaw or Egg on a baguette or wrap served with salad or pasta salad

Ice Cream

# Monks Coppenhall Menu 2026

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**Wednesday**

**Thursday**

**Friday**

**Week**

**2**

20/4

11/5

8/6

29/6

7/9

28/9

**Option 1**  
Pasta Bar



**Option 1**  
Spaghetti Bolognese



**Option 1**  
Breakfast



**Option 1**  
Roast Turkey



**Option 1**  
Fish & Chips



**Option 2**  
Veggie sausage Roll



**Option 2**  
Cheese Panini



**Option 2**  
Jacket Potato



**Option 2**  
Homemade Tomato Pasta



**Option 2**  
Vegetarian Lasagne



**Option 3**  
Tuna sandwich or  
baguette



**Option 3**  
KS1 Ham sandwich  
KS2 Sub bar



**Option 3**  
KS1 Cheese sandwich KS2  
Sausage baguette



**Option 3**  
Turkey sandwich or  
baguette



**Option 3**  
KS1 Cheese sandwich KS2  
Sub bar



**Chocolate Crunch**



**Sponge Cake**



**Yogurt Fruit**



**Ice Cream**



**Fresh salad &  
fruit  
available  
daily**



# Monks Coppenhall Menu 2026

## Week

3

27/4

18/5

15/6

6/7

14/9

5/10

Fresh salad & fruit available daily



## Monday

### Option 1

**Homemade Cheese & Tomato Pizza**  
Served with homemade tomato pasta

### Option 2

**Jacket Potato**  
Served with cheese and beans

### Option 3

**Tuna sandwich or baguette**  
Served with rainbow salad

Homemade Chocolate Crunch

## Tuesday

### Option 1

**Southern Style Chicken Fillet with Teriyaki Noodles**  
Served with oriental veg

### Option 2

**Homemade Quorn Tikka**  
Served with rice

### Option 3

**KS1 Ham sandwich & rainbow salad**  
**KS2 Sub bar**  
Cheese, Ham, Tuna, Coleslaw or Egg on a baguette or wrap served with salad or pasta salad

Sponge Cake

## Wednesday

### Option 1

**Breakfast**  
Butcher's Sausage, hash brown, scrambled egg, beans & crusty bread.  
Vegetarian sausage available

### Option 2

**Jacket potato**  
Served with beans, cheese and rainbow salad

### Option 3

**Cheese sandwich or Baguette**  
Served with rainbow salad

Yoghurt or Fruit

## Thursday

### Option 1

**Roast Gammon**  
Served with mashed potatoes, roasted potatoes, vegetables and gravy

### Option 2

**Homemade Tomato Pasta**

### Option 3

**Gammon sandwich or baguette**  
Served with rainbow salad

Homemade Cokie Selection

## Friday

### Option 1

**Fish Cakes**  
Served with potato crunchies and beans

### Option 2

**Quorn Pasta Bolognese**

### Option 3

**KS1 Cheese sandwich & salad**  
**KS2 Sub bar** Cheese, Ham, Tuna, Coleslaw or Egg on a baguette or wrap served with salad or pasta salad

Cornflake Syrup Cake

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6/7

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5/10

**Option 1**  
**Pizza**



**Option 1**  
**Chicken noodles**



**Option 1**  
**Breakfast**



**Option 1**  
**Roast Gammon**



**Option 1**  
**Fish Cakes**



**Option 2**  
**Jacket Potato**



**Option 2**  
**Quorn Tikka**



**Option 2**  
**Jacket Potato**



**Option 2**  
**Homemade Tomato Pasta**



**Option 2**  
**Quorn Bolognese**



**Option 3**  
**Tuna sandwich or**  
**Baguette**



**Option 3**  
**KS1 Ham sandwich**  
**KS2 Sub bar**



**Option 3**  
**Cheese sandwich or**  
**baguette**



**Option 3**  
**Gammon sandwich or**  
**baguette**



**Option 3**  
**KS1 Cheese sandwich**  
**KS2 Sub Bar**



**Chocolate Crunch**



**Sponge Cake**



**Yogurt Fruit**



**Cookie Selection**



**Cornflake syrup cake**



**Fresh salad &**  
**fruit**  
**available**  
**daily**

