

Monks Primary Menu Spring/Summer 2025

Week

1

3rd Nov
24th Nov
15th Dec
19th Jan
9th Feb
9th Mar

Fresh salad
& fruit
available
daily



Monday

Option 1

Homemade Pizza

Margarita pizza served
with tomato pasta &
sweetcorn

Option 2

Veggie Meatballs

Served with mashed
potatoes, veg & gravy

Option 3

KS1 **Ham sandwich**
with salad

KS2 **Ham Baguette**
With salad

Yoghurt or Cheese
& Crackers

Tuesday

Option 1

Homemade Sausage Roll

Served with mashed
potato and beans

Option 2

Jacket Potato

With cheese, beans and
salad

Option 3

KS1 **Tuna sandwich or
baguette** & salad

KS2 **Sub bar**
Cheese, Ham, Tuna or
Egg on a baguette or wrap
served with salad or
pasta salad

Vanilla Muffin

Wednesday

Option 1

Beef Burger

Burger with homemade
sauté potatoes and salad

Option 2

Quorn Tikka

with rice, veg & naan
bread

Option 3

KS1 **Cheese sandwich**
& salad

KS2 **Cheese baguette**
& salad

Chocolate
shortbread

Thursday

Option 1

Roast Gammon

Served with mash, roast
potatoes, vegetables and
gravy

Option 2

Homemade Tomato pasta

Pasta spirals, with
homemade tomato
sauce and veg

Option 3

KS1 **Gammon/Ham
sandwich** & salad

KS2 **Gammon/Ham
baguette** & salad

Jam & Coconut
sponge

Friday

Option 1

Fish Stars

Served with chips
& beans

Option 2

Cheese Toastie

Served with beans
& salad

Option 3

KS1 **Cheese sandwich**
& salad

KS2 **Sub bar**
Cheese, Ham, Tuna or
Egg on a baguette or wrap
served with salad or
pasta salad

Cookie

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& fruit
available
daily**



Monday

Option 1
Homemade Pizza



Option 2
Veggie Meatballs



Option 3
KS1 Ham sandwich
KS2 Ham Baguette



**Yoghurt or cheese &
crackers**



Tuesday

Option 1
**Homemade Sausage
Roll**



Option 2
Jacket Potato



Option 3
KS1 Tuna Sandwich
KS2 Sub bar



Vanilla muffin



Wednesday

Option 1
Beef Burger



Option 2
Quorn Tikka



Option 3
KS1 Cheese sandwich
KS2 Cheese baguette



Choc shortbread



Thursday

Option 1
Roast Gammon



Option 2
Tomato Pasta



Option 3
**KS1 Gammon/Ham
sandwich**
**KS2 Gammon/Ham
baguette**



Jam & Coconut sponge



Friday

Option 1
Fish Stars



Option 2
Cheese Toastie



Option 3
KS1 Cheese sandwich
KS2 Sub bar



Cookie



Monks Primary Menu Spring/Summer 2025

Week

2

10th Nov

1st Dec

5th Jan

26th Jan

23rd Feb

16th Mar

**Fresh salad
& fruit
available
daily**



Monday

Option 1

Homemade Pizza

Margarita pizza served
with tomato pasta & veg

Option 2

**Vegetarian Sausage
Casserole**

Served with mashed
potatoes and veg

Option 3

KS1 Ham sandwich

salad

KS2

Ham baguette & salad.

**Yoghurt or cheese
& crackers**

Tuesday

Option 1

Chicken Fajita Taco

Tuesday

Served with savoury rice
and veg

Option 2

**Homemade Vegetarian
Lasagne**

Served salad

Option 3

KS1 Tuna sandwich &

salad

KS2 Sub bar

Cheese, Ham, Tuna or
Egg on a baguette or wrap
served with salad or
pasta salad

Muffin

Wednesday

Option 1

Breakfast

Sausage, hash brown,
scrambled egg, beans &
crusty bread.

Option 2

Jacket Potato

Choose baked beans,
cheese or both, served
with a side salad

Option 3

KS1 Egg sandwich or

baguette & salad

KS2 Egg sandwich or

baguette & salad

Chocolate Crunch

Thursday

Option 1

Roast Turkey

Served with mashed
potatoes, roasted
potatoes, vegetables and
gravy

Option 2

**Homemade Tomato
pasta**

Served with salad or
vegetables

Option 3

KS1 Turkey sandwich &

salad

KS2 Turkey baguette &

salad.

**Pineapple &
Coconut sponge**

Friday

Option 1

Salmon Fish Finger Sub

Served with potato
crunchies and veg

Option 2

Pasta Bar

Served with vegetables.

Option 3

KS1 Cheese sandwich &

salad

KS2 Sub bar

Cheese, Ham, Tuna or
Egg on a baguette or wrap
served with salad or
pasta salad

Cookie

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26th Jan
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16th Mar

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& fruit
available
daily**



Monday

Option 1

Homemade Pizza



Option 2

**Veggie sausage
casserole**



Option 3

**KS1 Ham sandwich
KS2 Ham baguette**



Yoghurt or cheese & crackers



Tuesday

Option 1

**Chicken Fajita Taco
Tuesday**



Option 2

**Homemade Vegetarian
Lasagne**



Option 3

**Ks1 Tuna sandwich
KS2 Sub bar**



Muffin



Wednesday

Option 1

Breakfast



Option 2

Jacket Potato



Option 3

**KS1 Egg sandwich or
KS2 Egg baguette**



Chocolate Crunch



Thursday

Option 1

Roast Turkey



Option 2

**Homemade Tomato
Pasta**



Option 3

**KS1 Turkey sandwich
KS2 Turkey baguette**



Pineapple & Coconut sponge



Friday

Option 1

Salmon Fish Finger Sub



Option 2

Pasta Bar



Option 3

**KS1 Cheese sandwich
KS2 Sub bar**



Cookie



Monks Primary Menu Spring/Summer 2025

Week

3

17th Nov

8th Dec

12th Jan

2nd Feb

2nd Mar

23rd Mar

**Fresh salad
& fruit
available
daily**



Monday

Option 1

Veggie sausage roll

Served with mashed potatoes and beans

Option 2

Cheesy beany pasta bake

Served with veg

Option 3

KS1 **Ham sandwich** & salad

KS2 **Ham baguette** & salad

**Yoghurt or cheese
& crackers**

Tuesday

Option 1

Homemade Beef Bolognese

Served with spaghetti and seasonal vegetables

Option 2

Vegetarian cottage pie
Served with veg

Option 3

KS1 **Tuna sandwich** & salad

KS2 **Sub bar**
Cheese, Ham, Tuna or Egg on a baguette or wrap served with salad or pasta salad

**Chocolate
brownie muffin**

Wednesday

Option 1

Breakfast

Sausage, hash brown, scrambled egg, beans & crusty bread

Option 2

Jacket potato

Served with beans, cheese and salad

Option 3

KS1 **Egg sandwich** & salad

KS2 **Sausage Baguette** & salad

Flapjack Suprise

Thursday

Option 1

Roast Pork

Served with mashed potatoes, roasted potatoes, vegetables and gravy

Option 2

Homemade Tomato Pasta

Served with carrots and cabbage

Option 3

KS1 **Pork/Ham sandwich** & salad

KS2 **Pork/Ham baguette** & salad

Marble Cake

Friday

Option 1

Chicken Goujon Wrap

Served with potato crunchies and seasonal veg

Option 2

Vegetarian Ravioli

In a homemade tomato sauce with veg

Option 3

KS1 **Cheese sandwich** & salad

KS2 **Sub bar** Cheese, Ham, Tuna or Egg on a baguette or wrap served with salad or pasta salad

Cookie

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Tuesday

Wednesday

Thursday

Friday

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Option 1
Veggie Sausage Roll



Option 2
Cheesy Beany pasta bake



Option 3
KS1 Ham sandwich
KS2 Ham Baguette



Yoghurt or cheese & crackers



Option 1
Homemade Beef
Bolognaise



Option 2
Veggie Cottage Pie



Option 3
KS1 Tuna sandwich
KS2 Sub bar



Chocolate brownie muffin



Option 1
Breakfast



Option 2
Jacket Potato



Option 3
KS1 Egg sandwich
KS2 Sausage Baguette



Flapjack surprise



Option 1
Roast Pork



Option 2
Homemade Tomato
Pasta



Option 3
KS1 Pork/Ham sandwich
KS2 Pork/Ham Baguette



Marble cake



Option 1
Chicken Goujon Wrap



Option 2
Veggie Ravioli



Option 3
KS1 Cheese sandwich
KS2 Sub Bar



Cookie

