

# Monks Primary Menu Spring/Summer 2025

## Week 1

12<sup>th</sup> May  
9<sup>th</sup> June  
30<sup>th</sup> June  
1<sup>st</sup> Sept  
22<sup>nd</sup> Sept  
13<sup>th</sup> Oct

Fresh salad & fruit  
available  
daily



### Monday

#### Option 1 Carbonara

Served with carrots and sweetcorn

#### Option 2 Veggie Sausage Roll

Served with mash potato and beans

#### Option 3 KS1 Tuna sandwich or baguette & salad KS2 Sub bar

Cheese, Ham, Tuna or Egg on bagutette, wrap or bap served with salad

Kracholette

### Tuesday

#### Option 1 Hunters Chicken

Served with rice and sautéed potatoes, home made bbq sauce & green beans

#### Option 2 Pasta Bar

Home made tomato or cheese sauce with a selection of toppings & sweetcorn

#### Option 3 KS1 Ham sandwich or baguette & salad KS2 Sub bar

Cheese, Ham, Tuna or Egg on bagutette, wrap or bap served with salad

Cherry Shortbread

### Wednesday

#### Option 1 Breakfast

Butcher's sausage or veggie sausage, hash brown, scrambled egg, mushroom, beans & crusty bread

#### Option 2 Jacket Potato

choose baked beans, cheese or both, served with a side salad

#### Option 3 KS1 Egg sandwich or baguette & salad KS2 Egg sandwich or baguette & salad

Chocolate Crunch

### Thursday

#### Option 1 Roast Turkey

served with Mash Potato, roasted potatoes, carrots, broccoli and gravy

#### Option 2 Veg Lasagne

served with carrots, broccoli & garlic bread

#### Option 3 KS1 Turkey sandwich or baguette & salad KS2 Turkey sandwich or baguette & salad

Cookie selection

### Friday

#### Option 1 Roasted Gammon

served with chips and baked beans or peas

#### Option 2 Fish Stars

served chips and baked beans or peas

#### Option 3 KS1 Cheese sandwich or baguette & salad KS2 Sub bar

Cheese, Ham, Tuna or Egg on bagutette, wrap or bap served with salad

Muffin selection



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13<sup>th</sup> Oct

Fresh salad &  
fruit  
available  
daily



### Monday

Option 1  
**Carbonara**



Option 2  
**Veggie Sausage Roll**



Option 3  
**KS1 Tuna sandwich or  
baguette & salad**  
**KS2 Sub bar**



**Kracholette**



### Tuesday

Option 1  
**Hunters Chicken**



Option 2  
**Pasta Bar**



Option 3  
**KS1 Ham sandwich or  
baguette & salad**  
**KS2 Sub bar**



**Cherry shortbread**



### Wednesday

Option 1  
**Breakfast**



Option 2  
**Jacket Potato**



Option 3  
**Egg sandwich or  
baguette & salad**



**Chocolate Crunch**



### Thursday

Option 1  
**Roast Turkey**



Option 2  
**Veg Lasagne**



Option 3  
**Turkey sandwich or  
baguette & salad**



**Cookie Selection**



### Friday

Option 1  
**Roasted Gammon**



Option 2  
**Fish Stars**



Option 3  
**KS1 Cheese sandwich or  
baguette & salad**  
**KS2 Sub bar**



**Muffin Selection**





# Monks Primary Menu Spring/Summer 2025

## Week 2

19<sup>th</sup> May  
16<sup>th</sup> Jun  
7<sup>th</sup> Jul  
8<sup>th</sup> Sep  
29<sup>th</sup> Sep  
20<sup>th</sup> Oct

Fresh salad &  
fruit  
available  
daily



### Monday

#### Option 1 Pizza

Margarita or pepperoni  
served with tomato  
pasta & sweetcorn

Option 2  
**Quorn Bolognaise**  
Served green beans and  
garlic bread

Option 3  
**KS1 Tuna sandwich or  
baguette & salad**  
**KS2  
Tuna sandwich or  
baguette & salad**

Yoghurt

### Tuesday

#### Option 1 **Homemade southern style chicken fillet burger**

Served with wedges and  
sweetcorn

Option 2  
**Quorn Korma**  
Served with rice, carrots,  
peas and naan bread

Option 3  
**KS1 Ham sandwich or  
baguette & salad**  
**KS2 Sub bar**  
Cheese, Ham, Tuna or  
Egg on baguette, wrap  
or bap served with salad

Coconut Oatie

### Wednesday

#### Option 1 **Breakfast**

Butcher's sausage or  
veggie sausage, hash  
brown, scrambled egg,  
mushroom, beans &  
crusty bread

Option 2  
**Jacket Potato**  
choose baked beans,  
cheese or both, served  
with a side salad

Option 3  
**KS1 Egg sandwich or  
baguette & salad**  
**KS2 Egg sandwich or  
baguette & salad**

Chocolate Crunch

### Thursday

#### Option 1 **Roast Pork**

served with Mash  
Potato, roasted  
potatoes, carrots,  
cabbage and gravy

Option 2  
**Homemade Tomato  
pasta**  
served with carrots and  
cabbage

Option 3  
**KS1 Ham sandwich or  
baguette & salad**  
**KS2 Pork sandwich or  
baguette & salad**

Cookie selection

### Friday

#### Option 1 **Battered Fish**

served with chips and  
baked beans or peas

Option 2  
**Veggie Meatball pasta  
bake**  
served with sweetcorn

Option 3  
**KS1 Cheese sandwich or  
baguette & salad**  
**KS2 Sub bar**  
Cheese, Ham, Tuna or  
Egg on baguette, wrap  
or bap served with salad

Muffin selection



# Monks Primary Menu Spring/Summer 2025

**Week**

**2**

19<sup>th</sup> May

16<sup>th</sup> Jun

7<sup>th</sup> Jul

8<sup>th</sup> Sep

29<sup>th</sup> Sep

20<sup>th</sup> Oct

**Fresh salad &  
fruit  
available  
daily**



**Monday**

**Option 1**  
**Pizza**



**Option 2**  
**Quorn Bolognaise**



**Option 3**  
**Tuna sandwich or  
baguette & salad**



**Yoghurt**



**Tuesday**

**Option 1**  
**Homemade Chicken  
fillet burger**



**Option 2**  
**Quorn Korma**



**Option 3**  
**KS1 Ham sandwich or  
baguette & salad**  
**KS2 Sub bar**



**Coconut Oatie**



**Wednesday**

**Option 1**  
**Breakfast**



**Option 2**  
**Jacket Potato**



**Option 3**  
**Egg sandwich or  
baguette & salad**



**Chocolate Crunch**



**Thursday**

**Option 1**  
**Roast Pork**



**Option 2**  
**Homemade Tomato  
pasta**



**Option 3**  
**KS1 Ham sandwich or  
baguette & salad**  
**KS2 Pork sandwich or  
baguette & salad**



**Cookie Selection**



**Friday**

**Option 1**  
**Battered Fish**



**Option 2**  
**Veggie Meatball pasta  
bake**



**Option 3**  
**KS1 Cheese sandwich or  
baguette & salad**  
**KS2 Sub bar**



**Muffin Selection**





# Monks Primary Menu Spring/Summer 2025

**Week**

**3**

2<sup>nd</sup> Jun  
23<sup>rd</sup> Jun  
14<sup>th</sup> Jul  
15<sup>th</sup> Sep  
6<sup>th</sup> Oct  
3<sup>rd</sup> Nov

**Fresh salad &  
fruit  
available  
daily**



**Monday**

**Option 1**

**Salmon Fish Fingers**

Served with tomato  
pasta & sweetcorn

**Option 2**

**Pizza**

Margarita, served with  
tomato pasta, sweetcorn  
& salad

**Option 3**

**KS1 Tuna sandwich or  
baguette & salad**

**KS2**

**Tuna sandwich or  
baguette & salad**

Angel Delight

**Tuesday**

**Option 1**

**Homemade Beef  
Lasagne**

Served with green beans  
and garlic bread

**Option 2**

**Jacket Potato**

choose baked beans,  
cheese or both, served  
with a side salad

**Option 3**

**KS1 Ham sandwich or  
baguette & salad**

**KS2 Sub bar**

Cheese, Ham, Tuna or  
Egg on baguette, wrap  
or bap served with salad

Flapjack

**Wednesday**

**Option 1**

**Breakfast**

Butcher's sausage or  
veggie sausage, hash  
brown, scrambled egg,  
mushroom, beans &  
crusty bread

**Option 2**

**Cheesy loaded potato  
skins**

Served with baked beans

**Option 3**

**KS1 Egg sandwich or  
baguette & salad**

**KS2 Egg sandwich or  
baguette & salad**

Chocolate Crunch

**Thursday**

**Option 1**

**Roast Chicken**

served with Mash  
Potato, stuffing, roasted  
potatoes carrots,  
cabbage and gravy

**Option 2**

**Homemade Tomato  
pasta**

served with carrots and  
cabbage

**Option 3**

**KS1 Chicken sandwich or  
baguette & salad**

**KS2 Chicken sandwich or  
baguette & salad**

Cookie selection

**Friday**

**Option 1**

**Crunchy Chicken  
Goujons**

served with chips and  
baked beans or peas

**Option 2**

**Cheese Flan**

served beans & salad

**Option 3**

**KS1 Cheese sandwich or  
baguette & salad**

**KS2 Sub bar** Cheese,  
Ham, Tuna or Egg on  
baguette, wrap or bap  
served with salad

Muffin selection



# Monks Primary Menu Spring/Summer 2025

**Week**

**3**

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14<sup>th</sup> Jul

15<sup>th</sup> Sep

6<sup>th</sup> Oct

3<sup>rd</sup> Nov

**Fresh salad &  
fruit  
available  
daily**



**Monday**

**Option 1**

**Salmon Fish Fingers**



**Option 2**

**Pizza**



**Option 3**

**Tuna sandwich or  
baguette & salad**



**Angel Delight**



**Tuesday**

**Option 1**

**Homemade Beef  
Lasagne**



**Option 2**

**Jacket Potato**



**Option 3**

**KS1 Ham sandwich or  
baguette & salad  
KS2 Sub bar**



**Flapjack**



**Wednesday**

**Option 1**

**Breakfast**



**Option 2**

**Cheesy potato skins**



**Option 3**

**Egg sandwich or  
baguette & salad**



**Chocolate Crunch**



**Thursday**

**Option 1**

**Roast Chicken**



**Option 2**

**Homemade Tomato  
pasta**



**Option 3**

**Chicken sandwich or  
baguette & salad**



**Cookie Selection**



**Friday**

**Option 1**

**Chicken Goujons**



**Option 2**

**Cheese Flan**



**Option 3**

**KS1 Cheese sandwich or  
baguette & salad  
KS2 Sub Bar**



**Muffin selection**

