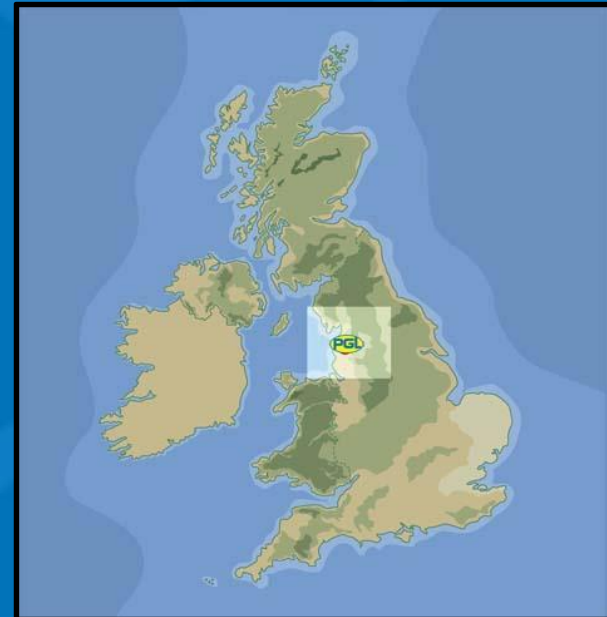


PGL Winmarleigh Hall Lancashire



Parents Meeting Agenda

- Welcome to PGL
- Activities
- Accommodation
- Facilities
- Catering and diet
- Health and Safety
- FAQs
- Questions



Welcome to PGL

- *The* market leader!
- Fully risk assessed
- AALA licensed
- ABTA bonded
- Over 50 years experience
- Founding member of BAHA
- LOtC Quality Badge holder



Multi Activity

Challenging and fun!

- Tailor-made programmes
- 4 action-packed sessions per day
- Evening entertainment
- Personal development
- Confidence building
- Increased motivation



Premium Quality



Outdoor Education

- Archery Tag
- Raft Building
- Jacob's Ladder
- Orienteering
- Giant Swing
- Trapeze
- Zip Wire
- Buggy building
- Survivor
- Challenge Course



Winmarleigh Hall



Accommodation

Main House with en-suite rooms

Each dormitory sleeps 4-10 children



Children will need to take their own sleeping bag and pillow to reduce the cost of the trip

Winmarleigh Hall



Facilities

- Games rooms
- On-site lake
- Football pitch
- ICT classrooms
- Floodlit activity areas
- Shop



Catering & dietary needs



- 3 nutritious, balanced meals per day
- Vegetarian option
- Salad bar
- Special dietary requirements catered for by prior arrangement

Sample Menu



Staying safe!



The PGL *Code of Practice* describes all safety and operational procedures both on and off-site including:

- sample risk assessments
- staff to pupil ratios
- staff vetting and training
- equipment specifications
- site security
- medical cover
- emergency procedures



Suggested Kit List

Nightclothes
Bath towel / hand towel
Casual clothes for evening
Disposable camera/films
Insect repellent
Old T-shirts: lots!
Jumpers and or fleeces
Pen & paper, reading book
Pack of cards, Uno, Dobble etc..
Any necessary medication,
labelled Bin liner for dirty clothes
Waterproof SPF50+ sun cream
Sun hat
Swimming gear
Toiletries, lip salve, moisturiser

Tracksuit bottoms
Trousers & shorts
Underwear, spare socks
Waterproofs
Wellies
Wet Shoes (e.g. Crocs/sliders)
Old trainers for outdoors
Trainers for indoors
Sleeping Bag
Pillow

What not to pack:

- Mobile phones
- No denim
- Jewellery

Day 1 schedule: Sunday 14th May

- The children will need to have had lunch before arriving at school, but please bring a snack to have during the afternoon.
- Arrive at school normal time at 12:30pm: we will be ready to board the bus as soon as it arrives
- Coach will depart at 1:30pm: you are welcome to stay to wave your child off
- Arrive Winmarleigh Hall at approximately 3:00pm
- Evening meal will be at 6:00pm

Day 2 and 3 Typical Schedule

Exact timings very approx and vary from day to day depending on our group management instructions from PGL staff

- 7:00 - 8.50 Get up, get ready and fuel up for the day ahead with a hearty breakfast
- 8:50 - 12:00 Morning Activities
- 12.00 – 13:50 Enjoy a fresh and tasty two-course hot lunch and some free time
- 13:50 – 17:00 Afternoon activities
- 17:00 – 19:00 Time to eat again – a different dinner menu every day.
- 19:00 – 21:00 Evening activity
- 21:00 Bedtime
- 22:00 Lights

Day 4 schedule: Wednesday 17th May

- Normal PGL schedule until after lunch
- Departure from PGL centre 1:30pm
- Arrival at Monks Coppenhall Academy at approximately 3pm but dependent on traffic

How pupils can prepare for **SUCCESS!**

1. Practise being **independent** by getting yourself into good routines morning and evening, and by helping out at mealtimes
2. Practise being **responsible** for your belongings and personal organisation
3. Practise your **manners, respect and courtesy** by saying (when appropriate!) please, thank you, sorry, excuse me, and allowing adults priority
4. Practise **listening** to instructions carefully; these will keep you safe

How parents can support their child

1. While your child is away, **answer your phone** promptly if you receive a phone call from the Academy
2. Be **punctual** when dropping off and picking up your child
3. If any sort of change or problem arises between now and the trip, **let us know straightaway**
4. Remember that in the run up to departure, you are **role-modelling personal organisation for your child**. Ensure the children have helped pack their case so they know what they are taking and need to return. Maybe create a packing list
5. Pack **proper outdoor gear**. Every year, someone arrives in unsuitable clothes. Beg or borrow items if you don't have them

FAQ's

- Medical forms: ensure completed
- Ensure the children have had lunch before they arrive at school on the Sunday
- Sweets: in suitcase only, no eating on bus
- What to take with you: see kit list
- Pocket money: max £15 suggested for vending machines and small shop (Children responsible)
- Valuable items: Need to be left at home
- Deodorants: roll-on only please
- Laundry service: emergencies only

Thank you for your attention!

Are there any questions?

